## WEEKLY SYLLABI BREAKDOWN: ACADEMIC SESSION 2019-20

### ENGLISH: CLASS – I

##### New Oxford Modern English (OUP) Book – 1 Nelson Handwriting Workbook 2A & 2B

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| **Academic**  **Week** | **Unit/Chapter & Topic** | **Personality**  **Grooming Activities** |
| **1** | **Ice-Breaking at the Session Commencement** [*Introduction with classes, Overview of Textbooks/ Syllabi/ Time Table and General Academic Scheduling*]  (Pages 2-3) **Unit 1:Anwar’s Dream,**Reading Comprehension and Vocabulary  (page 2) **Handwriting Workbook 2A** | Introduction of students with his/her class mates, Teachers and environment |
|  | Spring Day |
| **2** | (*Pages 4-*8*)* ***Unit:1* (contd):***Exercises*  (page 3)**Handwriting Workbook 2A** | 1 minute talk by 2-3 children in each class daily revealing their talents and  building their confidence Making of a card |
| **3** | (Pages 9-12) **Unit 1: My Cat,** Reading Comprehension,  Vocabulary and Exercises  (pages 4-5)**Handwriting Workbook 2A** | Talk on National Security Activity: Talk about pets |
| **4** | (Pages 13-14) **Unit 2: The Lucky Leaf,** Reading Comprehension and Vocabulary  (pages 6-7)**Handwriting Workbook 2A** |  |
| **5** | (*Pages 15-18)* ***Unit:2* (contd):***Exercises* | Importance of Labour Day Activity: Story Telling |
|  | (pages 8-9)**Handwriting Workbook 2A** | about losing something |
|  |  | precious |
| **6** | (Pages 19-22) **Unit 2: The Mulberry Bush,** Reading Comprehension, Vocabulary and Exercises | Celebration of Mother’s Day  Activity: Chanting of a Rhyme  Activity: Making of a calendar |
|  | (pages 10-11)**Handwriting Workbook 2A** |
| **7** | (Pages 23-28) **Unit 3:At the Farm**, Reading Comprehension, Vocabularyand *Exercises*  (pages 12-13)**Handwriting Workbook 2A** | Importance of Ramadan  Talk about family members |
| **8** | (Pages 29-31) **Unit 3: Up and Down,**Reading Comprehension, Vocabulary and Exercises  (pages 14-15)**Handwriting Workbook 2A** | Teacher will guide the students to develop their personal diaries / Scrap books observations to record their Summer vacation activities (no Specific format or layout) |
|  |  | Activity: “Simon Says” |

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| **Academic**  **Week** | **Unit/Chapter & Topic** | **Personality**  **Grooming Activities** |
| **9** | **REVISION OF ALL CORE CONCEPTS**  (pages 16-17) **Handwriting Workbook 2A** | Sharing the Summer vacation diaries etc. |
| **10** | (Page 32-34) **Unit 4: Grandma,** Reading Comprehension, Vocabulary and Exercise A omit  (Pages 35-37) **Unit 4 (contd):** *Exercises B, C, D, E*  (pages 18-19)**Handwriting Workbook 2A** | Importance of Eid ul Azha |
| **11** | (Page 38-40) **Unit 4: Cat in a Hat,**Reading Comprehension, Vocabulary and *Exercise A*  (pages 20-21)**Handwriting Workbook 2A** | Celebration of Independence Day |
| **12** | (Pages 40-41) **Unit 4 (contd):** Exercises **B, C, D, E**  (pages 22-23)**Handwriting Workbook 2A** | Activity: Making of puzzle with jumbled words |
| **13** | (Pages 42-44) **Unit 5: On the Bus**, Reading Comprehension and Vocabulary  (pages 24-25) **Handwriting Workbook 2A** | Talk about Shalimar Gardens |
| **14** | (Pages 44-46) **Unit 5 (contd):** Exercises (pages 26-27) **Handwriting Workbook 2A** | Defence Day Celebration |
| **15** | (Pages 47-49) **Unit 5:The Earth is Round,** Reading Comprehension, Vocabulary and *Exercises*  (pages 28-29) **Handwriting Workbook 2A** | Importance of Ashora-e- Moharram  Activity: Role Play dog and frog |
| **16** | (Page 50-51) **Unit 6: The Drone,** Reading Comprehension and Vocabulary  (pages 30-31) **Handwriting Workbook 2A** |  |
| **17** | (Pages 52-55) **Unit 6 (contd):** *Exercises* | Activity: Action Guessing Game |
| **18** | (Pages 56-58) **Unit 6:Sun and Moon,** Reading Comprehension, Vocabulary and *Exercises* | Celebration of World  Teacher’s Day Recitation of the poem |
| **19** | **REVISION OF ALL CORE CONCEPTS** |  |
| **20 – 21** | **MID- YEAR PERFORMANCE REVIEW**  (Assessment must be done with the help of a variety of tools  i.e. Progressive Worksheets; Observations, Teachers’ Diaries, Participation in Activities, Educational Games &  Discussions. An ‘atmosphere’ of ‘examination’ must be avoided) |  |

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| **Academic**  **Week** | **Unit/Chapter & Topic** | **Personality**  **Grooming Activities** |
| **22** | (Pages 59-61) **Unit 7: Clever Fox and Greedy Wolf,**  Reading Comprehension and Vocabulary and *Exercises*  (pages 2-3)**Handwriting Workbook 2B** | Activity: Story Telling on the topic “Greed is Curse” |
| **23** | (Pages 62-64) **Unit 7:(contd):** *Exercises*  (pages 4-5)**Handwriting Workbook 2B** | Celebration of Iqbal’s Day |
| **24** | (Pages 65-67) **Unit 7:Glow-worms,** Reading Comprehension, Vocabulary and Exercises  (pages 6-7) **Handwriting Workbook 2B** | Importance of Rabi-ul Awal and Seert-un-Nabi  Activity: Students will bring animal toys and tell about their animal |
| **25** | (Pages 68-72) **Unit 8:Moiz Likes Reading**, Reading Comprehension, Vocabulary and Exercises  (pages 8-9)**Handwriting Workbook 2B** | Activity: Sharing of Jokes |
| **26** | (Pages 73-75) **Unit 8:Now we are six,** Reading Comprehension and Vocabulary  (pages 10-11)**Handwriting Workbook 2B** | Activity: Sharing birthday Experience  Project: Let’s Play with Numbers |
| **27** | (Pages 76-79) **Unit 9: The Naughty Monkey,** Reading Comprehension, Vocabulary and *Exercises*  (pages 12-13)**Handwriting Workbook 2B** | Activity: Predicting the end of the Story  Poster Onomatopoeia |
| **28** | (Pages 80-82) **Unit 9: To Bed,** Reading Comprehension,  Vocabulary and *Exercises*  (pages 14-15)**Handwriting Workbook 2B** | Activity: Making of similes |
| **29** | (Pages 83-87) **Unit 10: Tell Me About Grandfather**Reading Comprehension, Vocabulary and *Exercises A,B*  (pages 16-17)**Handwriting Workbook 2B** | National Resolve Day to Promote Education |
| **30** | (Pages 87-88) **Unit 10 (Contd):***Exercises C,D,E*  (Pages 89-90) **Unit 10: Little Raindrops,**Reading Comprehension, Vocabulary and *Exercises*  (pages18-19)**Handwriting Workbook 2B** | Celebration of Quaid’s Day  Activity: Guessing Game as mentioned on page 88  Activity: Making animal sounds as on page 90 |
| **31** | (Pages 91-92) **Unit 11:The Rain,** Reading Comprehension and Vocabulary  (pages 20-21)**Handwriting Workbook 2B** |  |
| **32** | (Pages 93-95) **Unit 11 (contd):** Exercises (pages 22-23)**Handwriting Workbook 2B** | Talk on Discipline Hardwork and Motivation  Activity: Writing of Postal Address |

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| **Academic**  **Week** | **Unit/Chapter & Topic** | **Personality**  **Grooming Activities** |
| **33** | (Pages 96-97) **Unit 11: Limericks,** Reading Comprehension, Vocabulary and Exercises  (pages 24-25)**Handwriting Workbook 2B** |  |
| **34** | (Pages 98-99) **Unit 12: Kabir’s Computer,** Reading Comprehension and Vocabulary  (pages 26-27)**Handwriting Workbook 2B** | Activity: Making of Flash Cards for Onomatopoeic Expressions from the Lesson |
| **35** | (Pages 100-102) **Unit 12 (contd):** Exercises (pages 28-29)**Handwriting Workbook 2B** | Kashmir Day |
| **36** | (Pages 103-105) **Unit 12: Off to the Zoo,** Reading Comprehension, Vocabularyand Exercises  (pages 30-31)**Handwriting Workbook 2B** | Project: Animal Art Project |
| **37** | (Pages 106-110) **Unit 13: The House of Sand**, Reading Comprehension, Vocabulary and Exercises  (Page 111) **Unit 13: Be,** Reading Comprehension and Vocabulary | Activity: Making Sand House |
| **38** | **Revision**  **Through Worksheets, Role plays, Teamwork and Projects etc.** | Farewell party |
| **39 - 40** | **ANNUAL PERFORMANCE REVIEW**  **(Assessment must be done with the help of a variety of tools i.e. Progressive Worksheets; Observations, Teachers’ Diaries, Participation in Activities, Educational Games&Discussions. An ‘atmosphere’ of ‘examination’ must be avoided)** |  |

**Total Textbook Pages = 111**

**Number of Pages Omitted = 3**

**% Omission in Course Content = 2.7%**

###### 1. Unit 4: Grandma (Pages 32-34)

**Note:** Teachers are strongly recommended to collect “**Guidelines for Teachers**” from the offices of the Principlas/VP/HMs for an effective utilization of the syllabi breakdown.Examination pepers will be set according to the said guidelines.

## WEEKLY SYLLABI BREAKDOWN: ACADEMIC SESSION 2019-20

### MATHEMATICS: CLASS – I

##### New Countdown Book – 1

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| **Academic Week** | **Unit/Chapter & Topic** | **Personality Grooming Activities** |
|  | **Ice-Breaking at the Session Commencement** *Introduction with classes, Overview of Textbooks, Syllabi, Time Table and General Academic Scheduling*  (Page 1-2) **Do you remember?**, Let’s Colour | Introduction of students |
|  | with his/her class mates, |
|  | Teachers and School |
|  | environment |
| **1** | Celebration of Spring Day |
|  | Discussion on important |
|  | aspects of Childs’ physical |
|  | appearance |
| **2** | (Pages 3-5), **Let’s Count**, Do You Remember Shapes? | One minute talk by 2-3 students in each class daily revealing their talents and building thei confidence  Activity: Count objects in groups of different items |
| **3** | (Pages 6-10), **Addition**, Subtraction | Talk on National Security  Activity: Use beads for addition and subtraction |
| **4** | (Pages 11-15) **Do You Remember Zero?**, Making 10, Do You Remember Big And Small?, Bigger And Smaller |  |
| **5** | (Pages 16-19) **Do You Remember Long And Short?**, Longer And Shorter, Taller And Shorter,Putting Things In Order | Importance of Labour Day |
| **6** | (Pages 20-24), **Putting Things In Order**, Ordinal Numbers | Celebration of Mother’s Day |
| **7** | (Pages 25-28) **Days Of The Week**, Shazia’s Timetable, Greater Than, Less Than | Importance of Ramdan |
| **8** | (Pages 29-32) **Greater than, Less than** , Equal to, Review | Teacher will guide the students to develop their personal diaries / scrapbooks/observations to record their summer vacation activities (no specific format or layout)  Group Activity: use charts to solve the questions by the students |

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| **Academic Week** | **Unit/Chapter & Topic** | **Personality Grooming Activities** |
| **9** | **Recap & Review of foundation concepts to build upon in 2nd term** | Sharing the Summer vacation diaries etc. |
| **10** | (Pages 33-35) Place value : Numbers up to 20 | Importance of Eid ul Azha |
| **11** | (Pages 36-37) Place value : Numbers up to 20  **(Page 38)… Omit**  (Page 39) Word Problems : Addition | Celebration of Independence Day  Activity: make their own abacus to pace value |
| **12** | (Pages 40-42) **Word Problems:** Addition, Subtraction |  |
| **13** | (Pages 43-44) **Adding Three Numbers**  *Approximately 50% carefully selected exercise questions on page 44 to be done* |  |
| **14** | (Pages 45-48) **Counting In Tens** | Defense Day Celebration |
| **15** | (Pages 49-53) **Counting In Tens**, Numbers 20-29, Numbers 30-  39, Numbers 40-49 | Importance of Ashora-e-Moharram |
| **16** | (Pages 54-58),**How Many Tens**, **How Many Ones?** Numbers 50- 59, Numbers 60-69, Numbers 70-79 |  |
| **17** | (Pages 59-62), **Numbers 80-89**, Numbers 90-99,One Hundred, Numbers Up To 100 |  |
| **18** | (Pages 63-67), **Numbers Up To 100,** Putting In Order : Numbers Up To 100 | Celebration of World  Teacher’s Day |
| **19** | **REVISION OF ALL CORE CONCEPTS** |  |
| **20-21** | **MID- YEAR PERFORMANCE REVIEW**  (Assessment must be done with the help of a variety of tools i.e.  Progressive Worksheets; Observations, Teachers’ Diaries, Participation in Activities, Educational Games & Discussions. An  ‘atmosphere’ of ‘examination’ must be avoided) |  |
| **22** | (Pages 68-70) **Addition : Tens**, Subtraction: Tens, Addition And Subtraction |  |
| **23** | (Pages 71-73) **Addition : 2 Digit Numbers**  *Approximately 50% carefully selected exercise questions on page 73 to be done*  **(Page 74)… Omit** | Celebration of Iqbal’s Day |
| **24** | (Pages 75-77) **Word Problems**,Addition, Subtraction : 2 Digit Numbers | Importance of Rabi ul Awal and  Seerat-un-Nabi |
| **25** | (Pages 78-81) **Subtraction : 2 Digit Numbers**, Word Problems : Subtraction |  |

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| **Academic Week** | **Unit/Chapter & Topic** | **Personality Grooming Activities** |
| **26** | (Pages 82-86) **Review (Page 83)… Omit** |  |
| **27** | (Pages 87-88) **Counting In 2s**, Even And Odd Numbers |  |
| **28** | (Pages 89-90) Multiplication |  |
| **29** | (Pages 91-92) Multiplication | National Resolve Day to promote Education |
| **30** | (Pages 93-94) 2s Table, Multiplication : 2s | Celebration of Quaid’s Day |
| **31** | (Pages 95-97) Multiplication : 3s,3s Table | Activity: take group of objects for concept of multiplication |
| **32** | (Page 98-100) Multiplication : 4s, 4s Table | Talk on Discipline Hardwork and Motivation |
| **33** | (Pages 101-105) Multiplication : 5s, 5s Table, Multiplication : 10s,  10s Table |  |
| **34** | (Pages 106-108) Review |  |
| **35** | (Pages 109-112) Division , Division : Equal Groups (Pages 113-114) Division : Using Numbers Line, | Kashmir Day |
| **36** | (Pages 115-117) Word Problems : Division, Multiplication And Division  **(Pages 118-131)… Omit** | Activity: take group of objects for concept of division |
| **37** | (Pages 132-133) Money , Money: Rupees and paise  **(Page 134) Omit (Pages 135-146)… Omit** |  |
| **38** | **REVISION OF MAIN CONCEPTS**  **(Through Worksheets, Role plays, Projects, Teamwork etc.)** | Farewell party |
| **39 - 40** | **ANNUAL PERFORMANCE REVIEW**  **(Assessment must be done with the help of a variety of tools**  **i.e. Progressive Worksheets; Observations, Teachers’ Diaries, Participation in Activities, Educational Games&Discussions.**  **An ‘atmosphere’ of ‘examination’ must be avoided)** |  |

**Total Textbook Pages = 146**

**Number of Pages Omitted = 30**

**% Omission in Course Content = 20%**

1. ***Addition Activity (Page 38)***
2. ***Addition of Three Numbers (Page 74)***
3. ***Review (Page 83)***
4. ***Length, Length : The metre rule, Length : The meter scale (Pages-118-121)***
5. ***Length : centimetres (Pages 122-123)***
6. ***Length: measuring curved lines, Weight, Weight : kilograms (Pages 124-129)***
7. ***Capacity, Capacity : litres (Pages 130-131)***
8. ***Money, (Pages 134)***
9. ***Worksheet 1-8, Activity 1-4 (Pages 135-146)***

**Note:** Teachers are strongly recommended to collect “**Guidelines for Teachers**” from the offices of the Principlas/VP/HMs for an effective utilization of the syllabi breakdown.Examination pepers will be set according to the said guidelines.

## WEEKLY SYLLABI BREAKDOWN: ACADEMIC SESSION 2019-20

### GENERAL SCIENCE: CLASS I

##### SIMPLY SCIENCE (OUP) BOOK - 1

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| **Academic**  **Week** | **Unit/Chapter & Topic** | **Personality Grooming**  **Activities** |
| **1** | **Ice-Breaking at the Session Commencement** [*Introduction with classes, Overview of Textbooks/ Syllabi/ Time Table and General Academic Scheduling*]  **Unit 1: LIFE AND LIVING:** (Page 2) **We are Alive;**  Introduction, Eating and Drinking | Introduction of students with his/her class mates, Teachers and School environment  Celebration of Spring |
| **2** | **Unit 1: (contd)** (Page 2) **We are Alive;**  Growing and Breathing | 1 minute talk by 2-3 children in each class daily revealing their talents and building their confidence  Project: Living Things |
| **3** | **Unit 1: (contd)** (Page 3) **We are Alive;** Having Young Explanation, Q&A, Discussion, Activities and Worksheet | Talk on National Security  Project: comparison living and non living things |
| **4** | **Unit 1: (contd)**(Page 4) **Animal Babies;**  Introduction , Looking After Themselves | Talk on Caring of animals |
| **5** | **Unit 1: (contd)** (Page 5) **Animal Babies;**  Mother’s Care, Explanation, Q&A, Discussion, Activities and Worksheet | Importance of Labour Day |
| **6** | **Unit 1: (contd)** (Pages 10-11) **Non-Living Things**; Introduction, Two kinds of non-living things, Never alive | Celebration of Mother’s Day |
| **7** | **Unit 2: HEALTH AND GROWTH:** (Page 12) **We Need Food;** All kinds of food | Importance of Ramdan |
| **8** | **Unit 2: HEALTH AND GROWTH:** (Page 13) **We Need Food (contd);** Water to drink, Discussion, Activities and Worksheet | Teacher will guide the students to develop their personal diaries / scrapbooks/observations to record their summer vacation activities (no specific format or layout) |
| **9** | **REVISION OF ALL CORE CONCEPTS** | Sharing the Summer Vacation diaries etc. |
| **10** | **Unit 2: (contd)** (Page 14) **Foods for different purposes;** Foods for energy, foods to make us grow | Importance of Eid ul Azha  Project: comparison of healthy and junk food |

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| **Academic**  **Week** | **Unit/Chapter & Topic** | **Personality Grooming**  **Activities** |
| **11** | **Unit 2: (contd)** (Page15) **Foods for different purposes;** foods to keep us healthy | Celebration of Independence Day |
| **12** | **Unit 2: (contd)** (Page 16) **Exercise, Rest and Sleep;** exercise is fun, exercise and growing | Make a height chart and measure the student against that |
| **13** | **Unit 2: (contd)** (Page 17) **Exercise, Rest and Sleep;** rest and sleep |  |
| **14** | **Unit 2: (contd)** Activities and Worksheets related to unit 2 | Defence Day Celebration |
| **15** | **UNIT 3: GROUPING AND CHANGING MATERIALS:**  (Page 20)**, Everyday Materials;** Wood | Importance of Ashora-e- Moharram  Poster competition ; Natural and man-made materials |
| **16** | **UNIT 3: (contd)** (Page 21) **Everyday Materials;** Rubber and cotton |  |
| **17** | **UNIT 3: (contd)** (Page 24)**: Heating and Cooling Materials;**  Introduction, Melting, | Practical demonstration related to melting of materials for example butter, ice cream, chocolate etc. |
| **18** | **UNIT 3: (contd)** (Page 25)**: Heating and Cooling Materials;**  Changing Water , Activities and Worksheets related to unit 3 | Celebration of World Teacher’s Day  Practical demonstration of the concept |
| **19** | **REVISION OF ALL CORE CONCEPTS** |  |
| **20-21** | **MID YEAR PERFORMANCE REVIEW**  **(Assessment must be done with the help of a variety of tools i.e. Progressive Worksheets; Observations, Teachers’ Diaries, Participation in Activities, Educational Games & Discussions.**  **An ‘atmosphere’ of ‘examination’ must be avoided)** |  |
| **22** | **UNIT 4: USING ELECTRICITY** (Page 28)**, Useful Electricity;**  Introduction , Hot Water and Cleaning |  |
| **23** | **UNIT 4: (contd)** (Page 29)**, Useful Electricity;** More Uses of Electricity, Electricity in the Street  Activities and Worksheets related to unit 4 | Celebration of Iqbal Day  Security / Safety lesson Poster : Uses of electricity |
| **24** | **UNIT 5: FORCES AND MOVEMENT** (Page 38) **Pushes, Pulls**  **and Forces;** Introduction, Forces | Importance of Rabi-ul Awal and Seert-un-Nabi  Practical demonstration of the concept |

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| **Academic**  **Week** | **Unit/Chapter & Topic** | **Personality Grooming**  **Activities** |
| **25** | **UNIT 5: (contd)** (Page 39)**, Pushes, Pulls and Forces;** Big Forces Activities and Worksheets related to unit 5 |  |
| **26** | **UNIT 6 : PLANTS AND ANIMALS IN THE LOCAL**  **ENVIRONMENT**(Page 50) **Wildlife in Town and City;**  Introduction, Using Buildings, Town And City Trees |  |
| **27** | **UNIT 6 (contd)** (Page 51) **Wildlife in Town and City;**  Butterflies |  |
| **28** | **UNIT 6 : (contd)** (Page 51) **Wildlife in Town and City;**  Activities and Worksheets related to unit 6 |  |
| **29** | **UNIT 6 : (contd)** (Page 51) **Wildlife in Town and City;**  Activities and Worksheets related to unit 6 | National Resolve day to promote education |
| **30** | **UNIT 7 : VARIATION** (Pages 54) **Grouping Living Things;**  Introduction, Animals Everywhere, Animals Large and Small | Celebration of Quaid’s Day |
| **31** | **UNIT 7 : (contd)** (Pages 55) **Grouping Living Things;**  Introduction, Animals Everywhere, Animals Large and Small | Making of a paper butterfly |
| **32** | **UNIT 7 : (contd)** (Pages 58) **You are Unique,** Introduction, the same but different | Talk on Discipline Hardwork and Motivation |
| **33** | **UNIT 7 : (contd)** (Page 59) **You are Unique,** Introduction, the same but different | Making a collage of  students’ pictures and highlighting the concept |
| **34** | Project by student on any of the above concepts |  |
| **35** | Kashmir Day |
| **36** | **REVISION OF MAIN CONCEPTS**  **(Through Worksheets, Role plays, Projects, Teamwork etc.)** |  |
| **37** |  |
| **38** | Farewell party |
| **39 - 40** | **END YEAR PERFORMANCE REVIEW**  **(Assessment must be done with the help of a variety of tools**  **i.e. Progressive Worksheets; Observations, Teachers’ Diaries, Participation in Activities, Educational Games&Discussions.**  **An ‘atmosphere’ of ‘examination’ must be avoided)** |  |

**Total Textbook Pages = 60**

**Number of Pages Omitted = 30**

**% Omission in Course Content = 50**

1. **Unit 1: Human Babies (Pages 6-7)**
2. **Plants are Alive (Pages 8-9)**
3. **Unit 2: Medicines (Pages 18-19)**
4. **Unit 3: More Natural Materials (Pages 22-23)**
5. **Making New Materials with Heat (Pages 26-27)**
6. **Unit 4: Mains Electricity (Pages 30-31)**
7. **Electricity from Batteries (Page 32)**
8. **Electricity from Chemicals (Pages 32-33)**
9. **Making a Circuit (Pages 34-35)**
10. **Circuits and Switches (Pages 36-37)**
11. **The Force of the Wind (Pages 42-43),**
12. **The force of moving water (Pages 44-47)**
13. **Unit 6: Plants and Animals around the School (Pages 48-49)**
14. **The Importance of Trees (Pages 52-53)**
15. **Unit 7: Plants Are Different (Pages 56-57)**

**Note:** Teachers are strongly recommended to collect “**Guidelines for Teachers**” from the offices of the Principlas/VP/HMs for an effective utilization of the syllabi breakdown.Examination pepers will be set according to the said guidelines.

## WEEKLY SYLLABI BREAKDOWN : ACADEMIC SESSION 2019-20

### COMPUTER SCIENCE: CLASS – I

##### Computer Whiz (OUP) Book - 1

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| **Academic Week** | **Unit/Chapter & Topic** | **Personality Grooming Activities** |
| **1** | **Ice-Breaking at the Session Commencement**  *Introduction with classes, Overview of Textbooks, Syllabi,*  *Time Table and General Academic Scheduling*  (Pages 2-3) **Chapter 1 :Whiz Introduces Computers** | Introduction of students with his/her class mates, Teachers and School environment  Celebration of Spring |
| **2** | (Pages 4-6) **Chapter 1 :**Whiz Introduces Computers | 1 minute talk by 2-3 children in each class daily revealing their talents and building their confidence |
| **3** | (Pages 7-9) **Chapter 1 (contd) :**Whiz Introduces Computers | Talk on National Security |
| **4** | (Pages 10-11) **Chapter 1 (contd) :** Whiz Introduces Computers |  |
| **5** | (Pages 12-14) **Chapter 2: Things to do with the Computer** | Importance of Labour Day |
| **6** | (Pages 15-17) **Chapter 2 (contd) :** Things to do with the Computer | Celebration of Mother’s Day |
| **7** | (Page 18) **Chapter 2 (contd):** Things to do with the Computer | Importance of Ramdan |
| **8** | (Page 19) **Chapter 2 (contd) :** Things to do with the Computer | Teacher will guide the students to develop their personal diaries / Scrap book / observations to record their summer vacation activities (no  specific format or layout) |
| **9** | **Recap & Review of foundation concepts** | Sharing the Summer Vacation diaries etc. |
| **10** | (Pages 20-21) **Chapter 3 : Parts of the Computer** | Importance of Eid ul Azha |
| **11** | (Pages 22-23) **Chapter 3 (contd) :** Parts of the Computer | Celebration of Independence Day |
| **12** | (Pages 24-25) **Chapter 3 (contd) :** Parts of the Computer | **Project:** making computers with paper/ card boxes etc. (may be  done in collaboration with the Art teacher) |
| **13** | (Pages 26-27) **Chapter 3 (contd) :** Parts of the Computer |  |
| **14** | (Pages 28-30), **Chapter 3 (contd) :**Parts of the Computer | Celebration Defence Day |
| **15** | (Pages 31-33), **Chapter 3 (contd) :** Parts of the Computer | Importance of Ashora-e- Moharram |

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| **Academic Week** | **Unit/Chapter & Topic** | **Personality Grooming Activities** |
| **16** | (Pages 34-35) **Chapter 4 :Whiz and The Mouse** |  |
| **17** | (Pages 36-37), **Chapter 4 (contd) :**Whiz and The Mouse |  |
| **18** | (Pages 38-39), **Chapter 4 (contd) :**Whiz and The Mouse | Celebration of World  Teacher’s Day |
| **19** | **REVISION OF ALL CORE CONCEPTS** |  |
| **20-21** | **MID- YEAR PERFORMANCE REVIEW**  (Assessment must be done with the help of a variety of tools i.e. Progressive Worksheets; Observations, Teachers’ Diaries, Participation in Activities, Educational Games & Discussions.  An ‘atmosphere’ of ‘examination’ must be avoided) | |
| **22** | **Recap and Review through activities / projects** |  |
| **23** | (Pages 40-41), **Chapter 5 :Whiz at the Keyboard** | Celebration of Iqbal Day |
| **24** | (Pages 42-43), **Chapter 5 (contd):**Whiz at the Keyboard | Importance of Rabi-ul Awal and Seert-un-Nabi |
| **25** | (Page 44), **Chapter 5** Whiz at the Keyboard |  |
| **26** | (Page 45), **Chapter 5** Whiz at the Keyboard |  |
| **27** | **Recap and Review through activities / projects** |  |
| **28** | (Page 46), **Chapter 6: Whiz Loves to Paint** |  |
| **29** | (Page47), **Chapter 6 (contd):** Whiz Loves to Paint. | National Resolve day to promote education |
| **30** | (Page 48), **Chapter 6 (contd):** Whiz Loves to Paint. | Celebration of Quaid’s birthday (Talk) |
| **31** | (Page 49), **Chapter 6 (contd):** Whiz Loves to Paint. |  |
| **32** | (Pages 50-51), **Chapter 6 (contd):** Whiz Loves to Paint. | Talk on discipline, hard work and motivation |
| **33** | (Pages 52-53), **Chapter 6.** Whiz Loves to Paint. |  |
| **34** | (Page 54), **Chapter 7: Taking Care of Computer**. |  |
| **35** | (Page 55), **Chapter 7(contd):**Taking Care of Computer | Kashmir Day |
| **36** | (Pages 56-57), **Chapter 7(contd):**Taking Care of Computer |  |
| **37** | (Pages 58-59):**Chapter 7 (contd):** Explore with Whiz |  |

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| **Academic Week** | **Unit/Chapter & Topic** | **Personality Grooming Activities** |
| **38** | **REVISION OF MAIN CONCEPTS**  **(Through Worksheets, Role plays, Projects, Teamwork etc.)** | Farewell party |
| **39 - 40** | **ANNUAL PERFORMANCE REVIEW**  (Assessment must be done with the help of a variety of tools i.e. Progressive Worksheets;  Observations, Teachers’ Diaries, Participation in Activities, Educational Games & Discussions.  An ‘atmosphere’ of ‘examination’ must be avoided) | |

**Note:** Teachers are strongly recommended to collect “**Guidelines for Teachers**” from the offices of the Principlas/VP/HMs for an effective utilization of the syllabi breakdown.Examination pepers will be set according to the said guidelines.

## WEEKLY SYLLABI BREAKDOWN: ACADEMIC SESSION 2019-20

### SOCIAL STUDIES: CLASS- I

##### Social Studies for Pakistan Book - 1

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| **Academic**  **Week** | **Unit/Chapter & Topic** | **Personality**  **Grooming Activities** |
| **1** | **Ice-Breaking at the Session Commencement** [*Introduction with classes, Overview of Textbooks/ Syllabi/ Time Table and General Academic Scheduling*]  **Making and presenting student’s own profile** | Introduction of students with his/her class mates, Teachers and School environment  Celebration of Spring  Discussion on important aspects of Childs’ physical appearance |
| **2** | (Pages 3-4) **Lesson 2: My Family** Explanation Q&A, Discussion, Activities and Worksheet | 1 minute talk by 2-3 children in each class daily revealing their talents and building their confidence  Activity: Making family trees (May be done in collaboration with art teacher)  Manners of communicating with elders and youngers |
| **3** | (Page 5) **Lesson 3: My Body** Explanation , Q&A, Discussion, Activities and Worksheet | Talk on National Security  Talk by doctor / teacher / parent: Taking care of one’s body |
| **4** | (Page 6) **Lesson 3 (contd):** Explanation , Q&A, Discussion, Activities and Worksheet |  |
| **5** | (Page 7) **Lesson 4: Keeping Clean** Explanation , Q&A, Discussion | Importance of Labour Day  Discussions on Self- hygiene  Talk by doctor / teacher / parent: keeping clean |
| **6** | (Page 8) **Lesson 4 (contd):** Explanation , Q&A, Discussion | Celebration of Mother’s Day |
| **7** | (Page 9) **Lesson 5: Food** Explanation , Q&A, Discussion, Activities and Worksheet | Importance of Ramdan |
| **8** | (Page 10) **Lesson 5(contd):**Explanation , Q&A, Discussion, Activities and Worksheet | Teacher will guide the students to develop their personal diaries / Scrap books observations to record their Summer vacation activities (no specific format or layout) |

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| **Academic**  **Week** | **Unit/Chapter & Topic** | **Personality**  **Grooming Activities** |
| **9** | **Recap & Review of foundation concepts**  (Page 13) **Lesson 7 : Houses** Explanation , Q&A, Discussion, Activities and Worksheet | Sharing the Summer vacation diaries etc. |
| **10** | (Page 13) **Lesson 7 (contd):** Explanation , Q&A, Discussion,  Activities and Worksheet  (Recommendation is valid to reduce Lesson 7 to 02 weeks instead of 4 weeks as it has only one page text and one work page) | **Project:** Make colourful houses with the help of brown paper bags with the help of art teacher |
| **11** | (Page 14) **Lesson 7 (contd):** Explanation , Q&A, Discussion, Activities and Worksheet | Celebration of Independence Day |
| **12** | (Page 14) **Lesson 7 (contd):** Explanation , Q&A, Discussion, Activities and Worksheet | Importance of Eid ul Azha |
| **13** | (Page 17) **Lesson 9: School** Explanation , Q&A, Discussion,  Activities and Worksheet  (Recommendation is valid to reduce Lesson 7 to 02 weeks instead of 4 weeks as it has only one page text and one work page) | A visit to principal’s / headmistress’ office/ library / playground etc |
| **14** | (Page 17) **Lesson 9 (contd):**Explanation , Q&A, Discussion, Activities and Worksheet | Defence Day Celebrations |
| **15** | (Page 17) **Lesson 9 (contd) :** Explanation , Q&A, Discussion, Activities and Worksheet |  |
| **16** | (Page 18) **Lesson 9 (contd):** Explanation , Q&A, Discussion, Activities and Worksheet | Importance of Ashora-e- Moharram |
| **17** | (Page 19) **Lesson 10: Fun and Games** Explanation , Q&A, Discussion, Activities and Worksheet |  |
| **18** | (Page 20) **Lesson 10 (contd) : Fun and Games** Explanation , Q&A, Discussion, Activities and Worksheet | Celebration of World  Teacher’s Day |
| **19** | **Recap and Review through activities / projects** |  |
| **20 21** | **MID- YEAR PERFORMANCE REVIEW**  (Assessment must be done with the help of a variety of tools i.e.  Progressive Worksheets; Observations, Teachers’ Diaries, Participation in Activities, Educational Games & Discussions. An  ‘atmosphere’ of ‘examination’ must be avoided) |  |
| **22** | (Page 25) **Lesson 13: Being Good** Explanation , Q&A, Discussion, Activities and Worksheet | Interaction of class 5 ( or any other senior primary class) students with class I students  **Project:** Develop confidence boosters |
| **23** | (Page 26) **Lesson 13 (contd):** Explanation , Q&A, Discussion, Activities and Worksheet | Celebration of Iqbal’s Day  Role play related to being good depicting courtesy  sharing & caring |

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| **Academic**  **Week** | **Unit/Chapter & Topic** | **Personality**  **Grooming Activities** |
| **24** | (Page 27) **Lesson 14 : Prayer**, Q&A, Discussion, Activities and Worksheet | Simulation : Prayer |
| **25** | (Page 28) **Lesson 14 (contd):** Q&A, Discussion, Activities and Worksheet | Importance of Rabi-ul Awal and Seert-un-Nabi |
| **26** | (Page 29) **Lesson 14 (contd):** Q&A, Discussion, Activities and Worksheet |  |
| **27** | (Pages 30-31) **Lesson 15: In the Garden** Explanation , Q&A, Discussion, Activities and Worksheet | Visit to school lawn / nearby park / garden |
| **28** | (Pages 32-33) **Lesson 16: Animals** Explanation , Q&A, Discussion, Activities and Worksheet | National Resolve Day to Promote Education |
| **29** | (Page33) **Lesson 16 (contd):** Explanation , Q&A, Discussion, Activities and Worksheet | Celebration of Quaid’s Day(Talk) |
| **30** | **Projects and Artwork related to main concepts covered previously**  (Pages 34-35) **Lesson 17: Animals homes** Explanation , Q&A, Discussion, Activities and Worksheet |  |
| **31** | (Page 35) **Lesson 17 (contd):** Explanation , Q&A, Discussion, Activities and Worksheet |  |
| **32** | (Pages 36-37) **Lesson 18: City and Village life**  Overview of the topic | Talk on Discipline, Hard work and Motivation  Differentiate between the life of city and village by creating model |
| **33** | (Page 38) **Lesson 19: Important places** Explanation , Q&A, Discussion, Activities and Worksheet | **Project:**Making of a Flipbook on important places |
| **34** | (Page 39) **Lesson 19: Important places** Explanation , Q&A, Discussion, Activities and Worksheet | Drawing competitions: natural scenery |
| **35** | (Page 40) **Lesson 19: Important places** Explanation , Q&A, Discussion, Activities and Worksheet | Kashmir Day |
| **36** | (Page 41) **Lesson 20: Transport** Explanation , Q&A, Discussion, Activities and Worksheet | Team work: Making vehicles ( may be done in collaboration with the Art teacher) |
| **37** | (Page 42) **Lesson 20 (contd):**Explanation , Q&A, Discussion, Activities and Worksheet |  |

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| **Academic**  **Week** | **Unit/Chapter & Topic** | **Personality**  **Grooming Activities** |
| **38** | **REVISION OF MAIN CONCEPTS**  **(Through Worksheets, Role plays, Projects, Teamwork etc.)** | Farewell Party |
| **39 – 40** | **ANNUAL PERFORMANCE REVIEW**  **(Assessment must be done with the help of a variety of tools**  **i.e. Progressive Worksheets; Observations, Teachers’ Diaries, Participation in Activities, Educational Games&Discussions.**  **An ‘atmosphere’ of ‘examination’ must be avoided)** |  |

**Total Textbook Pages = 47**

**Number of Pages Omitted = 14**

**% Omission in Course Content = 28%**

###### Lesson 1: Akbar and Mumtaz (Page 1-2)

1. ***Lesson 6: Clothes (Page 11-12)***
2. ***Lesson 8: Things (Pages 15-16)***
3. ***Lesson 11: Work (Pages 21-22)***
4. ***Lesson 12: Jobs (Pages 23-24)***
5. ***Lesson 21: On the Ground (Page 43-44)***
6. ***Lesson 22: In The Sky (Pages 45-46)***

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