



PATRON IN CHIEF

Air Cdre
Amir Rashid, TI(M)
Base Commander, PAF Base M. M. Alam

PATRON

Air Cdre (R)
Muhammad Asif Shahzad, TI(M)
Principal, ARF College M. M. Alam

EDITOR

Amjad Ali Malik
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MESSAGE BY THE BASE COMMANDER

I am pleased to oversee the revival of ARFiC News. This mini college journal surely serves as the right medium to bring the prominent features of institution's performance to lime light. ARF College M M Alam, no doubt, stands out distinguished in the Fazaia Chain for its valuable contribution towards academic and co-curricular activities. Hence, it is essential to highlight the annual performance of the institution through this newsletter. The illustration of different events and activities as well as creative output of the budding writers clearly reflects upon the congenial academic and literary environment being provided by the institution.

I pray to see ARF College continue scaling new heights of achievements.



MESSAGE BY THE PRINCIPAL

I earnestly hope that our humble efforts to put together this slim issue of ARFiC News, will come upto the expectations of our readers. As Principal of ARF College, I feel it incumbent upon me to ensure the provision of a learning friendly environment to my students and offer them an opportunity to exhibit their latent talents. ARFiC News is just an indication of our intent to achieve this goal. We are committed to exploring new avenues and breaking fresh grounds, as we go along in our journey towards the further reaches of academic excellence.

LEARNING IS DOING

***“Tell me and I will forget. Show me and I will remember.
Involve me and I will understand.”***

This old Chinese proverb is a very sagacious comment on the nature of teaching and learning. Gone are the days when the role of a teacher was merely to inform and impart knowledge. The world has come a very long way through its cycle of evolution and development from the primitive to the modern age. Today, the mechanism of education is not confined to any cut and dry definition. Conversely, it has become a system of infinite possibilities. Therefore, the responsibility of both the teacher and the taught has increased manifold. Today's teacher is not supposed to transmit just the contents of the prescribed syllabi, but to engage the learners in multiple areas of learning. Similarly, the

learners are not supposed to only absorb a few bits of random information. They are rather required to explore, expand and evaluate the various aspects of their concerned disciplines. Accordingly, the latest teaching learning strategies stem from the core concept of student centered model of class room work. It helps the students a lot to draw their own conclusions from the total substance of their courses and give their own judgment regarding the scope of their findings. In other words the balance of academic work has been shifted completely towards the active participation of each and every student in a class. The idea of teacher guided activities is no longer in fashion. After all, it is the students who have to benefit from the practical shape of their learning. So, they must stay actively busy at all the stages of their learning process.

Amjad Ali Malik, Lecturer

THE AIM OF EDUCATION IS THE KNOWLEDGE, NOT OF FACTS, BUT OF VALUES.

MY INSPIRATION – AVM ABDUL RAZZAQ SHAHEED



Our college is named “Abdul Razzaq Fazaia College”. Have you ever thought who was Abdul Razzaq? Abdul Razzaq was a bright star of Pakistan Air Force, born in Wan Bhachran (a town near Mianwali) on 25th November 1952.

He received his early education at a local school. Later on he joined PAF Public School (Cadet College) Sargodha where he studied from Class VIII to XII. He got scholarship in V and VIII Class. He achieved first position in the institution in Matriculation. He also secured top position in Sargodha Board in XII with a record that remained unbroken for 27 years. He was also offered scholarship by the American and British embassies to study there but he refused and opted to join PAF. He joined PAF Academy Risalpur and won trophy in flying and academics. He also received Sword of Honour. In Afghan war, he remained OC (Officer Commanding) of ninth and fourteenth squadron of F-16 and personally shot three enemy aircrafts. He served as OC CCS at Sargodha. He also performed his duties as a Personal Staff Officer to Chief of the Air Staff. He was promoted to the rank of Air Vice Marshal on November 20, 2000.

Shaheed Abdul Razzaq was a very humble, simple, hardworking, brave and ambitious person and a real son of the soil. He was very obedient to his parents and teachers. He was an excellent football player during his student life at Cadet College.

He contemplated joining Pakistan Hockey team but his instructors did not allow him and forced him to be in Air Force. He was an industrious person. Once his brother asked him, “You work hard day and night, when will you take rest in life?” He replied that he would take rest in his grave and did not want to pass away without making the best use of his abilities. He was a very kind person

and did not let anyone return from his doorstep empty-handed. He did his best to extend full cooperation to the people seeking jobs. He was highly committed to his profession. Being son of a teacher, he introduced good job incentives for the teachers of FAZAIA Schools. He brought revolution in the college system as DCAS (Training). While serving as Base Commander, he made all out efforts for the development of PAF Base Masroor.

During the last days of his life, he was working to establish a Cadet College in Mianwali with cooperation of Imran Khan. After his retirement, he wanted to settle in Mianwali and work for the betterment of the District but he could not live longer to realize his dream. On February 20, 2003 he was going for annual visit to PAF Base Kohat, where his plane crashed and he alongwith the then Chief of the Air Staff and some other Officers embraced martyrdom. On account of his selfless services for Pakistan Air Force, he was awarded Sitara-e-Imtiaz (Military), Tamgha-e-Imtiaz and Sitara-e-Basalat (Military). Abdul Razzaq Shaheed is the pride of Mianwali and his life is a source of inspiration for the generations to come. I am proud to be the relative of such an exceptional personality. It is also a matter of honour for me that I was the only member of his family whom he himself christened on my birth. May Allah rest his soul in eternal peace.

Lives of all great men remind us

We can make our lives sublime;

And departing leave behind us

Footprints on the sands of time

Maham Asif (XII - A)

EAGLE AS A SYMBOL



Eagle, the king of skies, with its keen eyes is a symbol, of courage, of wisdom, of strength and of immortality.

Eagle never attempts to live off the efforts of others. It is the keenest of predators, the most valiant of warriors. Eagle seems to have no concern in building its nest. Being the guardian of liberty, courage and boldness, the eagle seats itself in the highest of earthly homes. With these attributes, the eagle became a symbol, the love of Iqbal.

Allama Muhammad Iqbal is an educator of cultivation and of strength. He therefore, is keen on using the

symbol of eagle owing to its courage, great strength superb aerial skills and most of all self reliance. In short, he is trying to convey his message to the youth to foster on eagle-like spirit. It is rightly said:

“Don’t be a parrot in life, be an eagle. Though eloquent and charming, the former can’t fly high, but valiant and unmatched, the eagle can touch the sky.”

Areeha Unsar, XII D

GOLDEN SANDS

Shattered hopes and shattered dreams
We did not pray for this, did we?
A land of total injustice

A land ruled by disharmony
It’s time we realize, what we have lost
For the sake of our motherland

To awaken our golden hearts, and be true to
our GOLDEN LAND.

Let’s be together
To withstand any weather
Let’s move our nation
Calm and serene
To everlasting evergreen

Komail Ahmad, XII C

MUSIC – THE FOOD FOR SOUL

The Eastern classical music relies heavily on myths and rituals. The musical experience relies on the ability of human mind and heart to imagine. Music is imagination infinitely compressed within a nutshell. Traditional South Asian form ‘ra’ag’ is a living organism. According to legendary female vocalist, Kishori Amankar, enjoying a lively ra’ag is imagining the rain pouring down.

Friedrich Nietzsche says, “Music can cause rainfall; without music life would be a mistake.”

Studies show that whenever you hear music to your liking, be brain releases dopamine that rejuvenates you. According to some researchers, music has the power to improve our health and well being. Some studies suggest that good music (the one of your liking).

- i) Improves health.**
- ii) Reduces stress.**
- iii) Lessens ennui.**
- iv) Improves memory.**
- v) Eases pain.**
- vi) Provides comfort.**
- vii) Improves cognition.**

Rumi says, “Music is life, that’s the reason our hearts have beats”

Usama Faheem, XII D

NATURE

Sarmad Naeem XII C

O’ dear nature! What should I say?
On your cool breeze, I always sway
Taking rest beneath the shade of canopy
I feel myself sing in a sweet melody
I twitter to every bird, I discover a symphony
That seems to me in perfect harmony
Behind matted tops, the sun is peering
Every tiny insect, inanimate is jeering
Amid rustling leaves, tall trunks I see
An ever standing forest of oak in ebony
Zephyr lifts zest with slightest hiss
After all, nature is a divine bliss
Drizzle sprinkles the colours on horizon
Vivid concoction of nature’s cauldron
I shall return to venture the unseen
And thoroughly explore the region unknown
To sail across the green ocean
In my golden galleon

Futsal Court of the College inaugurated by the Base Commander

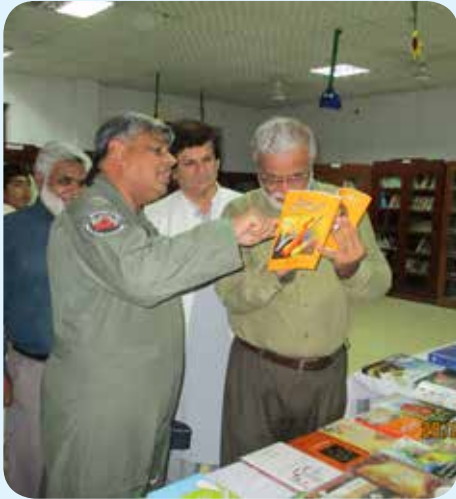
The newly opened Futsal Court measures 100'x60'. This sporting facility is available not only to the students of ARF College during the daytime but also caters in the evening to the wards of PAF personnel living in residential area. It is duly furnished with the floodlights for utilization after the sunset.



GLIMPSES OF EVENTS



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Chief of the Air Staff Trophies awarded to Abdul Razzaq Fazaia College M M Alam for producing the best results amongst Fazaia institutions in Federal Board SSC and HSSC examinations.



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